



2017 CAMH Monitor Survey

Mental health, well-being, and substance use among Ontario adults

Friday, February 8th, 12 – 1 PM (EST)

The webinar will highlight findings of the 2017 CAMH Monitor survey, the longest ongoing study of adult mental health and substance use in Ontario. In the past year, there were significant increases in the number of adults who reported cannabis use, self-rated poor mental health, thoughts of suicide, as well as taking more frequent mental distress days.

The findings of the Monitor can help public health professionals, policy-makers, and other mental health and addictions professionals understand trends as a way to inform policy, programs and practice.

This webinar will:

- Present an overview of findings from the 2017 Monitor;
- Discuss key mental health and substance use trends among adults in Ontario ;
- Provide an opportunity to pose questions to the CAMH Monitor researchers.

The webinar panel:

- Dr. Robert Mann, Institute for Mental Health Policy Research, CAMH
- Dr. Hayley Hamilton, Institute for Mental Health Policy Research, CAMH
- Anca Ialomiteanu, Institute for Mental Health Policy Research, CAMH

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<https://2017monitor.eventbrite.com>

Hosted by Evidence Exchange Network at Provincial System Support Program, CAMH.

