

# Opioid Problems, Treatment Solutions

## A online training course for healthcare providers in Ontario

The Provincial System Support Program (PSSP) at Centre for Addiction and Mental Health has developed a **7-week online course** that presents information on treatment strategies for people who are experiencing problematic opioid use.

### What is the purpose of this training?

- To reduce stigma towards opioid use and people who experience problems related to opioids.
- To reinforce that recovery is highly individualized and can incorporate a wide range of strategies, including pharmaceutical, non-pharmaceutical, and harm reduction approaches.

### Who should participate in this training?

This course is an intermediate-level course. It is intended for healthcare providers in Ontario who assist people with problematic opioid use, but are not experts in addiction. This may include counsellors, peer workers, therapists, social workers, case managers, nurses, pharmacists, physicians, public health professionals and long-term care workers.

### What is the course structure?

The course uses case studies, videos, interactive discussion forums and other resources to provide participants with opportunities to apply new knowledge and explore the course themes. One clinical expert and one lived experience expert will facilitate the course and participate in the weekly online discussions.

### Course modules include:



Problematic opioid use



Factors affecting health and well-being



Treatments for problematic opioid use



Voices of people with lived experience



Supporting recovery



Building professional and community capacity

### How can you apply this training into practice?

Upon completing this course, you will be able to:

- Respond to opioid use as a complex issue that involves many factors.
- Use harm reduction approaches with clients.
- Reduce stigma toward people with opioid dependence and problematic substance use.
- Assist all clients in a holistic and trauma-informed way.
- Empower clients to make informed decisions about their care and treatment.
- Support the recovery process in a unique way for each client.
- Co-ordinate with other providers to ensure the best care and support for each client.

**Contact:**  
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**Learn more at:**  
<http://eenet.ca/resource/opioid-problems-treatment-solutions>

OPTS is accredited for **20 Continuing Education hours by the Canadian Addiction Counsellors Certification Federation (CACCF)**.

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